Five Minutes With...



What room are you in? Preschool room

I grew up in... China

If you came to my house for dinner you would have... Seafood

My favourite place is... Paihia

In my car I listen to... Music

Early bird or night owl... Night owl

My friends would describe me as... Caring

If I wasn't a teacher, I would be... Skipper

The colours that makes me happy are... Black and red

My favourite game as a child was... Hide and seek

Sweet or savoury... Savoury

The best day of the year is... My wife's birthday

My hidden talent is... Sleeping

My dream holiday would be... Three King Islands

I love the smell of... Wood

Being a teacher ... Meaningful and it makes me happy

I love to... Go fishing

My favourite season is... Summer















Kia Ora Parents and Whānau.

Matariki is a celebration of people, culture, language, spirituality and history. Matariki is a good time to reflect on your place in the world, to reawaken old skills or try out new ones and to set new goals.







Don't forget to visit our Facebook page to see more photos!

209 222 9000 ■ silverdale@fantailschildcare.co.nz

In the Babies room...

Each year for Matariki
Pam brings in her special
Matariki tunnel for the
children to experience
the beautiful lights and
explore in. Our children
love looking and
touching the lights while
playing alongside each
other in the tunnel which
gives them a sense of



the space around them and to be aware of not only themselves but their peers. It is such a social time for everyone or a quiet space to reflect. Every year we celebrate Matariki by inviting our whānua to share soup and bread with us in the centre which is always a beautiful time to spend together.

This month we have had quite a few children transition to the toddlers room together which can help with the settling process and it is always nice to see our children transition



through the centre together supporting those close friendships that children form with each other in this environment.

Our babies are still interested in animals with a focus on music and movement. The wheels on the bus seems to be a highlight and we have been practising the actions that go along with it.

When it starts to warm up outside our children can't wait to explore the garden, ride the bikes, climb on the obstacle course or play in the sandpit. Please make sure warm jackets and beanies are packed each day.

During our Matariki celebration this year the children and parents learnt how to weave and they drew patterns and pictures on the scratch art. They painted stars and the children performed the song "Māhunga, Pakahiwi" and we all learnt about the meaning behind Matariki. After this we sat down together and shared soup and buns. Through this the children extended their knowledge of celebrations and in particular the Matariki celebration and the Māori culture and language.







Te reo word:

Hōngongoi *July*



In the Juniors Room...

This month in the Juniors room there has been a lot of interest in dramatic play with costumes flying everywhere. One day there was a group of superheroes, next there were fire fighters off to fight the fire. Through these experiences the children are developing different social skills such as turn taking, negotiating, leadership and problem solving.

Alongside this interest we have been exploring the world of water in the lead up to Environment Day. The children have been learning about the water cycle and have been practicing a skit and acting this out with props they have made. On Environment day the children performed this skit to the Preschool room. The water cycle is still of interest as the children continue their plant experiments and collect water from outside to measure the rain fall.

As a team we have rearranged our inside environment to allow for more carpet space, this has extended the children construction interest as the blocks and trains are designed and built daily.







In the Toddlers room...

Our Matariki celebrations have dominated the curriculum activities this month: such as making pois and dancing with them, making stars for the front foyer display representing all our beautiful children and symbolising the stars of Matariki. The best part was sharing soup and bread with our whānua supporting and extending our strong relationships. We learnt about some Maori legends and we re-enacted the story when Maui slowed the sun by children pretending to pull the sun down from the sky to make the day shorter. This focused on extending children's knowledge about Tikanga Māori and dramatic play. Although our current





interest is still farm animals our children have enjoyed experiencing many sensory activities such as salt pouring with glitter, giving the children the opportunity to learn about maths concepts while they

transfer the salt from one container to the other. Playdough is always available for our toddlers to manipulate creating different objects and extending their fine motor skills. Catching bubbles while dancing to music supports their spatial awareness and hand/eye coordination. Please remember to bring jackets and beanies with you each day.



In the Preschool room...

In the last month alongside our 'Transport' focus we have been learning about Matariki. We did a cut and paste activity where the children cut out Māori dolls, a boy and a girl and had to paste the appropriate traditional clothing on each one. Through this the children are extending their fine motor



the traditional Maori culture. We also practiced the 'Paki Paki – Tamariki Ma' song which we performed for parents when they came for some shared kai. We all shared some yummy soup and bread rolls before making some poi and some children and parents painted stars with cotton buds then collaged the night sky

with black paper around the outside.

These celebrations bring us all together to share not only the food but also knowledge and understanding of the Māori culture and language through art activities, song and dance.

Matariki is celebrated for most of June, so we will be doing

many more related activities, for example making more poi and dancing with them to music, as well as extending our Te reo.

The children are still interested in various modes of transport and are being very creative during imaginary play; building airports, roads, garages, robots, submarines etc. with their friends, which is leading to a lot of collaborative play and social interactions.

In group time we have been focussing on Jolly Phonics, Pepehas and writing skills using different ways to show capitals and lower case



letters. As well as the formation of letters this all increases children skills in pen control and is supporting the children as they continue to become school ready.

WHOLE GRAIN GOODNESS

Foundation Whole grain foods are packed with nutrients that are good for our bodies, like fibre, vitamins and minerals. They keep you full for longer and often cost no more than refined grains, which have all the goodness removed during processing

Here are some simple affordable swaps, from refined grains to whole grain foods.

- ♥ Breakfast: Rice bubbles → porridge or weetbix
- ▼ Lunch: White bread, roll or wrap → wholemeal/whole grain bread, roll
- ▼ Snacks: Shapes or Snax crackers → whole grain crackers
- ♥ Dinner: White rice or white pasta → brown rice or wholemeal pasta





Eat whole grain foods alongside plenty of other foods that are close to how they're found in nature like vegies, fruit, legumes (lentils, chickpeas and kidney beans), oily fish and some dairy, chicken and meat.

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