

Five Minutes With...

Kayleigh!



What room are you in? Babies room

I grew up in... New Zealand

If you came to my house for dinner you would have... Roast Chicken

My favourite place is... Katikati

In my car I listen to... Music, Abba

Early bird or night owl... Night owl

My friends would describe me as... Happy, caring and kind

If I wasn't a teacher, I would be... Only ever wanted to be a teacher

The colours that makes me happy are... Yellow and blue

My favourite game as a child was... Hopscotch

Sweet or savoury... Sweet

The best day of the year is... Christmas day

My hidden talent is... Baking

My dream holiday would be... Japan

I love the smell of... Lemon grass

Being a teacher ... Is important, rewarding and makes me happy

I love to... Draw or paint

My favourite season is... Spring



Fantails Childcare
SILVERDALE
Newsletter October 2019



Kia Ora Parents and Whānau,

Well spring is finally here and we are gearing up for some exciting events in the coming months!



Be sure to note the following dates down on your calendar...

Monday 21st October - Fantails Silverdale's 6th birthday party! Come along dressed in your favourite outfit and join in with the fun disco and party games.

Wednesday 23rd October—Parent evening. Joy Sluiters is back again from 'The Parenting Place' to speak about 'A fresh perspective on sleeping, eating and toilet training'. This is a workshop not to be missed! (A free babysitting service is provided).

Friday 25th October—Diwali. Come along dressed in your favourite bright coloured outfit for a day of colourful celebrations.

Thursday 14th November—Preschool room trip.

Thursday 21st November—Juniors room trip.

Thursday 28th November—Toddlers room trip.

Friday 13th December—Children's Christmas party. This is our biggest event of the year and we can't wait! 5.30– 8.00pm at Silverdale Primary School.

Don't forget to visit our 'Fantails Silverdale' Facebook page to see more photos!



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In the Babies room...

As we are now into spring time we are getting outdoors a lot more. Enjoying the sunshine means we are now starting to put sunscreen and hats on our children so please remember to provide us with a bucket hat for your child. This can stay at Fantails and we will wash them once a week. We provide sunscreen but if your child has sensitive skin or an allergy kindly provide your own sunscreen. We also ask that for now you still provide some warmer layers for your children so we can still dress up for colder mornings.

Out in the garden we have had two baby birds with their mummy in a nest. The children have really enjoyed watching them grow, eat and then fly away leaving the nest empty. What a wonderful thing for our babies to watch. Our babies are still very interested in spiders and hunting for spiders and their webs in the garden. This interest has extended into a love for books with spiders in and singing "Incy Wincey spider".

Our babies are also still enjoying exploring their gross motor skills through a variety of different climbing/obstacle courses. As well as extending their gross motor skills, these obstacles are also testing their confidence and giving them the opportunity to take risks in a safe environment. Ka pia babies.



The children enjoyed Wacky Wednesday with many dressing in a wacky way! We also participated in Te reo Māori week by reading and re-telling the Māori legend of how Maui fished up Aotearoa. This helps the children gain more knowledge and understanding of the Māori culture and heritage and of course we practised our Te reo as much as possible and they have got very good with knowing and saying the days of the week, colours, body parts and numbers in Te reo.



Te reo word:

Whiringa-ā-nuku

October

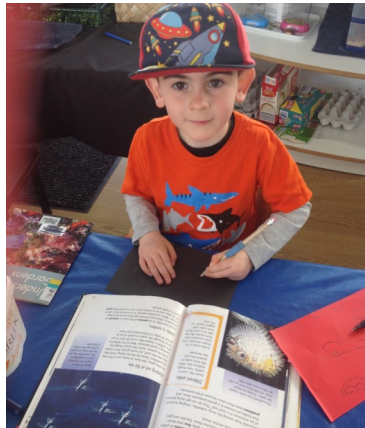


In the Preschool Room...

We have been continuing our 'Marine Life' focus by reading related books and developing our ideas and concepts for the undersea aquariums we are making in our inquiry groups. The children are able to identify a multitude of different marine



animals and have all chosen a creature they will make to go in their aquarium. We have begun discussing different ways we could create them and what materials/ equipment they need. This extends their thinking processes and problem solving skills. Some children have begun collaging the boxes we will use as the aquarium and most children have had a turn using a new art technique called bubble painting to make beautiful blue and green backdrops to line the inside of the aquariums. They are beginning to look awesome! Alongside our focus we have been talking a lot about making good choices, which helps the children learn to be responsible for themselves and their actions.



In the Toddlers room...

Yay Spring is here and the weather is finally warming up, especially in the afternoons which means we will be applying sunscreen and wearing our hats so please bring in a bucket hat that can stay at Fantails. We have special hat pockets hanging on the sliding door for each individual child to place their hats in for hygiene and convenience. If your child has sensitive skin please supply your own sunscreen.

Our toddlers are enjoying mat times with teachers using many different types of magnetic stories that give children the opportunity to interact with. Mat times allow the children to come together as a group and learn many skills such as concentration, social, skills, turn taking, and listening while developing their knowledge of literacy and maths concepts. We are still talking about our feelings throughout the day and this is our current focus.

The toddlers celebrated Māori language week by listening to the book 'Tāwhirimātea a song for Matariki'.

Our Toddler bakers were all super excited to bake cupcakes. They got to watch Belgin measure all the ingredients and then our little chiefs stirred the ingredients in the bowl. It was all very exciting and to top it off Rachel read them the story 'Ruby and Leonard and the great Big Surprise' which inspired this fun baking activity.



In the Juniors room...

This month we celebrated Māori language week. Which meant lots of Te reo based mat times. The children became more familiar with the poi and waiata. This has helped develop the children's awareness of the Māori culture and language of Aotearoa.

We also looked at the importance of the 'Moon Festival' and what it meant. We shared some moon cakes bought in by some of the children. This was a learning experience as we all got to be part of this important festival with our children and their families.

Wacky Wednesday was a fun day where everyone got to show off their wacky costumes and we all arrived to the room been wacky as well! Tables not where they should be, books upside down, sea creatures on the land and the jungle animals in the water. What a wacky, crazy, fun day we all had.



Our focus on storytelling/fairy tales has continued and the children are gaining more confidence with the stories and love to act out the characters when we have mat times. With the gingerbread man fairy tale, the children retold the story through acting it out and then thoroughly enjoyed making gingerbread men to eat. This extended their interest as they recited the words "Run run as fast as you can you can't catch me I'm the gingerbread man" as they were mixing and rolling the ingredients together. When they were baked the children decorated them and had them for afternoon tea. With this activity the children were learning about turn taking and sharing.



The Juniors love of dance and dress ups shows no sign of stopping as they constantly request songs to be played so they can dance along with their friends.



PACKING SNACKS FOR SCHOOL SPORT COMPETITIONS



Nutritious food and plenty of water provides the right fuel for a good performance at school sport competitions. Plan to fuel up before, during and after the competition.

Ideas for snacks to bring on the day – high in good quality carbohydrate and protein:

- ♥ Have a filling breakfast 2 - 4 hours before the event, which should include good quality carbohydrate and protein foods.
- ♥ Have a light snack 1-2 hours before the event – eating too close to the event may cause a stomach upset!
- ♥ Be prepared! Pack nutritious snacks, like nuts and fruit to avoid having to buy food at the event.
- ♥ Store snacks like yoghurt, cheese and milk at safe temperatures. Bring a cooler bag with a frozen bottle of water to keep cold foods chilled.
- ♥ To support recovery after an game the best foods are a good source of carbohydrate and protein like a filled sandwich or sushi.
- ♥ Drink plenty of plain water before, during and after the tournament. Keep a chilled water bottle at the side line.



For more information, visit: heartfoundation.org.nz